



ASTON MANOR ACADEMY



Curriculum Overview 2024-2025: Physical Education

Year Group	Autumn Term	Spring Term	Summer Term	Useful information / websites
Year 7	Performance Initial Assessment (PIA), Football, Netball, Basketball, Handball	Gymnastics, Health Related Fitness, Dance, Football, Basketball	Short Tennis, Cricket, Rounders, Athletics	https://www.bbc.co.uk/teach/ks3-physical-education/zrqp47h
Year 8	Football, Netball, Basketball, Handball	Gymnastics, Health Related Fitness, Dance, Football, Basketball	Short Tennis, Cricket, Rounders, Athletics	https://www.bbc.co.uk/teach/ks3-physical-education/zrqp47h
Year 9 Examination Course	<p>Exam specification: Probationary Year (Pearson BTEC Level 1/Level 2 Tech Award in Sport) providing students with an overview/sample of the course units, students will also carry out 'Controlled Assessment Style' pieces of coursework throughout the year</p> <p>Autumn: Exploring types and provision of sport and physical activity for different types of participant</p> <p>Spring/Summer: Examine equipment and technology required for participants to use when taking part in sport and physical activity</p> <p>Spring/Summer: Be able to prepare participants to take part in physical activity</p> <p>(Practical) Autumn – Summer: Understand how different components of fitness are used in different physical activities</p> <p><i>*Opportunities for Leadership Qualifications throughout the year</i></p>			www.revisionworld.com www.s-cool.co.uk https://www.bbc.co.uk/bitesize/examspecs/zxbg39q
Year 9 Core PE	Football, Netball, Basketball, Handball	Gymnastics, Health Related Fitness, Dance, Football, Basketball	Short Tennis, Cricket, Rounders, Athletics	https://www.bbc.co.uk/teach/gcse-national-5-physical-education/zh92vk7
Year 10 Examination Course	Exam specification: Pearson BTEC Level 1/Level 2 Tech Award in Sport			www.revisionworld.com www.s-cool.co.uk https://www.bbc.co.uk/bitesize/examspecs/zxbg39q
	Component 1: Preparing participants to take part in sport and physical activity	INTERNAL ASSESSMENT of Component 1: Preparing participants to take part in sport and physical activity	Component 2: Taking part and improving other participants sporting performance	
Year 10 Core PE	Football, Basketball, Netball, Handball, Table Tennis	Strength & Conditioning Health Related Fitness, Football, Basketball	Short Tennis, Cricket, Rounders, Athletics	https://www.bbc.co.uk/teach/gcse-national-5-physical-education/zh92vk7
Year 11 Examination Course	Exam specification: OCR Cambridge Nationals in Sports Studies			www.ocr.org.uk www.revisionworld.com www.s-cool.co.uk GCSE simplified – Sport Studies revision booklet
	Unit R187: Increasing Awareness of Outdoor and Adventurous Activities	Exam Unit R184: Contemporary Issues in Sport	Exam Unit R184: Contemporary Issues in Sport (Exam 14 th May 2025) Resubmissions: Unit R185: Performance and leadership in sports activities Unit R187: Increasing Awareness of Outdoor and Adventurous Activities	
Year 11 Core PE	TGU Football, TGU Basketball, TGU Netball, TGU Handball, TGU Table Tennis	Strength & Conditioning Health Related Fitness, Football, Basketball	TGU Short Tennis, TGU Cricket, TGU Rounders, Athletics	https://www.bbc.co.uk/teach/gcse-national-5-physical-education/zh92vk7

Post 16 Sports Academy Pathways

ALL DIFFERENT · ALL EQUAL · ALL ACHIEVING



ASTON MANOR ACADEMY



(Working in Partnership with Aston Villa FC Foundation and Aston Manor Basketball Club)

Year 12 BTEC Level 3 National Extended Diploma in Sport	Exam specification: BTEC Level 3 National Extended Diploma in Sport & BTEC Level 3 National Extended Diploma in Sports, Coaching and Development			
Year 12 BTEC Level 3 National Extended Diploma in Sports, Coaching and Development	Unit 19: Development and Provision of Sport and Physical Activity (Controlled Assessment) Unit 22: Investigating Business in the Sport & Active Leisure Industry (Controlled Assessment) Unit 4: Sports Leadership (Coursework and Practical Moderation)	Unit 2: Fitness Training and Programming for Health, Sport and Wellbeing (Controlled Assessment) Unit 3: Professional Development in the Sports Industry (Coursework and Practical Moderation) Unit 9: Research Methods in Sport (Coursework and Practical Moderation)	Unit 7: Practical Sports Performance (Coursework and Practical Moderation) Unit 11: Research Project in Sport (Research Based Task)	https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html https://www.brianmac.co.uk/ https://www.teachpe.com/a-level-pe-revision
	Unit A: Careers in the Sport and Active Leisure Industry (Coursework and Practical Moderation) Unit B: Health, Wellbeing in Sport (Coursework) Unit 1: Sport Development (Coursework) <i>*Maths/English Retakes throughout the year</i> <i>*Leadership Opportunities throughout the year</i>	Unit 1: Sport Development (Coursework) Unit C1: Developing Coaching Skills (Coursework and Practical Moderation) Unit 2: Self Employment in Sport and Physical Activity (Coursework and Practical Moderation)	Unit 2: Self Employment in Sport and Physical Activity (Coursework and Practical Moderation) Unit 10: Technical and Tactical Skills in Sport (Coursework and Practical Moderation)	https://qualifications.pearson.com/en/qualifications/btec-nationals/sports-coaching-and-development-2019.html https://www.brianmac.co.uk/ https://www.teachpe.com/a-level-pe-revision
Year 13 BTEC Level 3 National Extended Diploma in Sport	Exam specification: BTEC Level 3 National Extended Diploma in Sport & BTEC Level 3 National Extended Diploma in Sports, Coaching and Development			
Year 13 BTEC Level 3 National Extended Diploma in Sports, Coaching and Development	Unit 1: Anatomy and Physiology (Exam) Unit 23: Skill Acquisition in Sport (Coursework and Practical Moderation) Unit 8: Coaching for Performance (Coursework and Practical Moderation)	Unit 25: Rules, Regulations and Officiating in Sport (Coursework and Practical Moderation) Unit 6: Sports Psychology (Coursework)	Unit 6: Sports Psychology (Coursework and Practical Moderation) Unit 5: Application of Fitness Testing (Coursework and Practical Moderation)	https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html https://www.brianmac.co.uk/ https://www.teachpe.com/a-level-pe-revision
	Unit E: Research Project in Sport (Research Project) Unit 12: Practical Sports Application (Coursework and Practical Moderation) Unit 5: Anatomy and Physiology in Sport (Coursework) <i>*Leadership Opportunities throughout the year</i>	Unit 5: Anatomy and Physiology in Sport (Coursework) Unit 3: Sports Psychology (Coursework)	Unit 9: Fitness Training (Coursework and Practical Moderation) Unit D1: Applied Coaching Skills (Coursework and Practical Moderation)	https://qualifications.pearson.com/en/qualifications/btec-nationals/sports-coaching-and-development-2019.html https://www.brianmac.co.uk/ https://www.teachpe.com/a-level-pe-revision

ALL DIFFERENT · ALL EQUAL · ALL ACHIEVING